Day of Healing Retreat

NYC

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This is a supportive space to begin or continue healing from the trauma and emotional impact of involvement in the justice system or simply to rest, breathe, and be.

- Aroma Therapy
- Mindfulness
- Chair Yoga
- Floral Therapy
- Acupuncture
- Lunch Provided

April 25, 2026
10am-5pm

Location: The Community Room @Castle Gardens
625 W. 140th Street (between Broadway and Riverside Drive
New York, NY 10031

Cost: Free

For more information contact Ms. Washington @ 347-640-2990

Registration Required by March 31, 2026

Scan QR Code to Register for event

Special thanks to The Fortune Society for generously providing the retreat space and supporting this healing experience.